

BREAKFAST BURRITOS
SUBSTITUTE EGG WHITES FOR \$1.00
COMES WITH A SIDE OF FRUIT.

Scrambled Egg Burrito **\$3.25**
 + add from list below

Each \$1.00	Each \$0.50	Each \$1.00
Ham	Tomatoes	Spinach
Bacon	Green peppers	Mushrooms
Turkey bacon	Grilled onion	
Sausage	Cheese	
Turkey sausage		



BREAKFAST COMBOS

#1 #2

Two eggs (any style), hash browns, your choice of bacon, ham, sausage or turkey sausage and toast..... \$5.79

Two eggs (any style), your choice of bacon, ham, sausage or turkey sausage and two pancakes.... \$6.99

#3

Two eggs (any style), your choice of bacon, ham, sausage or turkey sausage and two pieces of french toast\$6.99

FRESH BAGELS

PLAIN, CHOCOLATE CHIP, EVERYTHING, ASIAGO CHEESE, SESAME, POPPY, CINNAMON RAISIN, BLUEBERRY, ONION, BIALY, SALT, HONEY-WHEAT, MULTIGRAIN AND PUMPERNICKEL.

Bagel	\$1.10
1/2 Dozen Bagel	\$5.99
Manhattan's Dozen	\$10.99
13 Bagels	
Manhattan's Bunch	\$15.99
18 Bagels	
Manhattan's Pack	
13 Bagels and two containers of plain cream cheese	\$18.99
Bagel with cream cheese	\$2.49
Bagel with butter	\$1.75
Bagel with jelly	\$1.75
Bagel with Nutella	\$2.99
Bagel with lox spread	\$3.50
Bagel with white fish salad	\$4.25
Bagel with Nova	\$7.99

Breakfast Menu

FROM THE GRIDDLE

- The Empire Pancakes** \$4.99
Three golden buttermilk pancakes served with butter and syrup
 - Add Chocolate Chip \$0.50
 - Add Strawberry & Banana \$0.75
- New York Challah French Toast** \$5.25
Two delicious slices made with hand rolled challah bread and served with butter and syrup
- The Rockefeller French Toast** \$6.49
Manhattan's challah French toast covered with strawberry topping, whipped cream and candied walnuts
- Scrambled Egg Sandwich** \$3.25
Scrambled eggs on your choice of bagel, Kaiser roll, toast or croissant
 - Add your choice of bacon, ham, sausage, or turkey sausage \$1.75
 - Add cheese or veggies each \$0.50
 - Substitute egg whites \$1.00

VALUE MEALS

INCLUDES a 10oz JUICE or COFFEE.

1. Egg and cheese on your choice of bagel \$4.99
2. Egg and cheese on a bagel with your choice of bacon, sausage, turkey sausage, or ham \$5.99
3. Any omelette with your choice of bagel and hash browns or fruit. \$10.50
4. Breakfast burrito with your choice of one veggie and one meat and a side of fruit \$6.99
 - Any add. veggie, each \$0.50
 - Add cheese \$0.50
5. Scrambled egg bowl with your choice of one meat ham, bacon, sausage or turkey sausage, cheese and 2 veggies \$6.99
6. Pastrami, egg, and cheese on a bagel \$7.49
7. Egg, cheese and a hash brown patty on a bagel with your choice of bacon, ham, sausage or turkey sausage \$7.79
8. Philly Burrito, with two scrambled eggs wrapped in a grilled tortilla with steak, Pepperjack, green Peppers and onions \$7.79

OMELETTE

OMELETTES ARE MADE WITH THREE FARM-FRESH EGGS AND SERVED WITH GRITS, HASH BROWNS OR FRUIT AND YOUR CHOICE OF BAGEL OR TOAST WITH BUTTER OR CREAM CHEESE.

- The Carnegie** \$9.49
The finest center-cut smoked salmon combined with onions.
- The Yankees** \$8.79
Grilled chicken, spinach, grilled onions and feta cheese
- The Western** \$8.79
Ham, red & green peppers, onions American cheese
- Manhattan's Finest** \$8.99
Grilled pastrami and corned beef with onions and Swiss cheese
- The Madison Square Garden** \$8.49
Tomatoes, mushrooms, onions, peppers, spinach & cheddar cheese
- The Home Run** \$9.79
Sausage, bacon, and ham with cheddar cheese

BYO OMELETTE

3 EGG OMELETTE SERVED WITH HASH BROWNS OR FRUIT AND CHOICE OF BAGEL OR TOAST **\$4.99**
 + add from list below

Each \$1.00	Each \$0.50	\$3.50
Ham	Tomatoes	Smoked
Bacon	Green peppers	Salmon
Turkey bacon	Grilled onion	
Sausage	Cheese	
Turkey sausage	Feta	
Grilled chicken	Spinach	
	Mushrooms	

SIDES (all day)

Hash Browns	\$1.99	Potato Pancakes	\$4.49
Grits	\$2.25	Sausage (2pc.)	\$2.75
Pastrami	\$3.99	Turkey Sausage (2pc.)	\$2.75
Bacon	\$2.25	Egg (any style), any add. +1.00	\$1.49
Grilled ham	\$2.25	Whitefish Salad	\$4.49
Turkey Bacon	\$3.25	Egg Salad	\$2.49
Toast	\$1.00	Tuna Salad	\$3.29
English Muffin	\$1.75	Chicken Salad	\$3.49
Chips	\$1.25	Cucumber Salad	\$2.99
Basket of Fries	\$2.75	Field Green	\$2.99
Onion Rings	\$2.75	Pasta Salad	\$2.99
Yogurt Parfait	\$4.49	Potato Salad	\$2.99
Large Fruit	\$3.99		

A Taste of New York



MANHATTAN'S BEST REUBEN HERE IN ATLANTA

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SPECIALTY SANDWICHES

SANDWICHES ARE SERVED WITH A CHOICE OF SIDE ITEM AND A KOSHER-STYLE PICKLE SPEAR.

SIDE ITEMS: CHIPS, CUCUMBER SALAD, FRUIT, PASTA SALAD, BAKED POTATO SALAD, CAESAR SALAD, FIELD GREEN SALAD. SUBSTITUTE FRENCH FRIES OR ONION RINGS FOR +.99¢

The Manhattan \$9.49
Meat choice: Corned beef, Pastrami or Turkey Pastrami, steamed New York-style then piled high with melted Swiss cheese and deli mustard

The White Russian \$9.49
Choice of Turkey OR regular pastrami, steamed New York-style, piled w/ melted Swiss cheese, coleslaw & Russian dressing

Chicken Cordon Bleu \$8.49
Hot chicken cutlet, grilled ham, melted Swiss cheese, and honey mustard on a kaiser roll

The Nova Platter \$10.99
Center-sliced smoked salmon served on the side of your favorite bagel with whipped cream cheese, lettuce, tomato, red onions and capers

The Godfather \$9.99
Hot chicken cutlet, melted mozzarella cheese, roasted pepper, oil and balsamic vinaigrette on a hoagie roll

Turkey Club \$9.99
Smoked turkey breast piled high and topped with lettuce, provolone cheese, bacon, and honey mustard.

The SOHO \$9.99
Oven gold roasted turkey, guacamole, provolone cheese, lettuce, cucumber, and ranch dressing

Italian Submarine \$10.49
Capicola, salami, pepperoni, provolone cheese, lettuce, tomato, onion, jalapeño, oregano, oil and balsamic vinaigrette on a hoagie roll

The Midtown \$9.49
Premium roast beef, horseradish sauce, lettuce, tomato, and provolone cheese

The Whitefish Salad \$8.99 Platter
A hefty scoop of whitefish salad served on the side of your favorite bagel with lettuce, tomato and onion

OUR POPULAR PANINIS

Smoky Mountain \$8.99
Smoked turkey, bacon and Swiss cheese with honey mustard dressing on ciabatta bread

Tuscany \$8.99
Grilled chicken, mozzarella cheese, roasted peppers, basil, and pesto dressing on flat bread

CRISPY CHICKEN PLATTER \$7.99

Fresh, crispy chicken tenders served with ranch or honey mustard dressing for dipping. Includes choice of French fries or onion rings

Lunch Menu

GRILLED SANDWICHES

SANDWICHES ARE SERVED WITH A CHOICE OF SIDE ITEM AND A KOSHER-STYLE PICKLE SPEAR.

SIDE ITEMS: CHIPS, CUCUMBER SALAD, FRUIT, PASTA SALAD, BAKED POTATO SALAD, CAESAR SALAD, FIELD GREEN SALAD. SUBSTITUTE FRENCH FRIES OR ONION RINGS FOR +.99¢

Our Famous Grilled Reuben \$9.29

Corned beef and pastrami or oven gold roasted turkey breast steamed and piled high with sauerkraut, Swiss cheese and Russian dressing

The Legendary BLT \$8.99

A hefty portion of hickory smoked bacon, thick tomato slices and fresh, crispy lettuce. Served with mayo on a toasted bread of your choice

Gr. Chicken Club \$9.29

Grilled chicken breast, bacon, American cheese, onions, lettuce, and tomato with honey mustard dressing on a Kaiser roll

Hot Dog \$5.99

Our classic kosher-style hot dog served with your choice of sauerkraut, grilled onions, or relish on a toasted bun. (Add cheese .50¢)

The Philly Cheese \$8.99

Premium rib-eye beef grilled with onions & mushrooms, green peppers, covered with melted American cheese. Substitute Pepperjack, add chipotle sauce +\$1.00

The French Dip \$8.99

Premium roast beef with melted provolone cheese and grilled onions. Served with au jus sauce

The Triborough Grilled Cheese \$7.99

A wonderful blend of American, muenster, and provolone cheese on a grilled bread of your choice with tomato. add bacon (\$1.25)

The Chicken Philly \$8.99

Marinated chicken breast with lightly grilled onions and mushrooms, green peppers, covered with melted provolone cheese

The Tuna- or Chicken-Melt \$8.99

Albacore white meat tuna salad OR chicken salad served open-faced with melted muenster cheese and tomato

Atlantic Salmon \$10.99

Fresh maple-crusting and grilled Atlantic salmon served with lettuce, tomato and onions on a kaiser roll.

CLASSIC NEW YORK DELI \$9.49

BYO SANDWICH A CHOICE OF MEAT AND CHEESE. LETTUCE, TOMATO, ONIONS, MAYO, MUSTARD

MEAT Ham, Roast Beef, Pastrami, Tuna, Turkey, Cajun Turkey, Hon. Glazed Turkey, Chicken Salad, Egg Salad

CHEESE Muenster, Swiss, Provolone, American, Pepperjack, Cheddar



MANHATTAN'S FRESH GREENS

Add Chicken +\$2.99 / Salmon +\$3.99

Crispy Chicken Salad \$8.99
Crisp romaine, tomatoes, cucumbers, shredded carrots, parmesan & crispy chicken tenders

Buffalo Chicken \$9.79
Crispy chicken fingers tossed in our wing sauce, served over a bowl of fresh lettuce, carrots, tomatoes, cucumber and blue cheese

Chef Salad \$9.79
Thinly sliced turkey and ham over fresh lettuce with tomatoes, cucumber, hard-boiled eggs, and parmesan cheese

Caesar Salad \$5.95
Crisp romaine, fresh parmesan cheese, and seasoned croutons. Tossed with Manhattan's finest Caesar dressing. Add chicken for + \$2.00

Two Scoop Salad \$9.99
Choose two: Tuna, chicken or egg salad served on our field green salad. Choose whitefish salad for +\$1.50

Cobb Salad \$10.99
Crisp lettuce, chicken breast, crumbled blue cheese, tomatoes, bacon & hard-boiled egg

Field Green Salad \$5.25
Crisp greens, tomatoes, cucumbers & carrots

Atlantic Salmon \$10.99
Maple-crusting salmon, grilled & served over a bed of greens, tomatoes, cucumbers, carrots & blue cheese crumbs.

Waldorf Chicken \$10.49
Mixed greens, tomatoes, raisins, candied walnuts, & sliced apples. Topped w/ a scoop of chicken salad

Southwestern \$10.49
Romaine lettuce, grilled chicken, corn kernels, black beans, sautéed onions & peppers, cheddar, salsa & fried tomato basil tortilla with chipotle ranch dressing & guacamole

Nutty Cranberry \$10.49
Mixed greens, raisins, candied walnuts, tomatoes, grilled chicken, and blue cheese crumbs

Half & Half Combo \$10.99
Choose a combination of two: Half sandwich, soup or salad

Kale Salad \$10.49
Kale salad mix, dried cranberries, sunflower seeds and grilled chicken tossed in a Caribbean mango dressing.

Gourmet Wraps
SERVED ON A GRILLED TORTILLA – CHOOSE FROM FLOUR, WHEAT, TOMATO BASIL, OR SPINACH. SUBSTITUTE A SIDE ITEM WITH FRENCH FRIES OR ONION RINGS FOR .99¢ EXTRA.

Crispy Honey Chicken \$9.49
Crispy chicken tenders, crisp lettuce, tomatoes & honey mustard

Buffalo Chicken \$9.49
Crispy chicken tenders tossed in Manhattan's spicy wing sauce and served with lettuce, tomatoes & blue cheese dressing

Veggie Wrap \$7.99
Hummus, carrots, lettuce, tomatoes, onions, cucumbers, peppers & feta

Club Wrap \$9.49
Choice of tuna, egg or chicken salad, lettuce, tomato, bacon

MANHATTAN'S BURGERS

\$9.99

A veggie or 8oz. Angus beef burger on a grilled kaiser roll with a pickle and a choice of French fries or onion rings
TOPPINGS: Cheddar, Swiss, Provolone, American, Pepperjack, Grilled Onions, Raw Onions, Grilled Mushrooms and Bacon (+0.50¢)

DELICIOUS SOUPS

Matzoh Ball Soup \$4.99

Soup of the Day
*Price varies by soup

COLD DRINKS

Freshly Brewed \$2.39

Southern Iced Tea
Sweetened or Unsweetened

Fountain Drink

Medium \$2.29

Large \$2.79

Juice

Small \$1.89

Large \$2.29

HOT DRINKS

Gourmet Coffee (Seattle's Best) \$2.39

Hot Chocolate \$1.99

Hot Tea \$1.89

100% FRUIT SMOOTHIES

Strawberry Banana

Mango \$3.99

Four Berry

SWEET ENDINGS

Cookie \$2.25

Black and White Cookie \$2.99

Chocolate Fudge Cake \$6.49

Cheese Danish \$2.25

Cheesecake \$6.49

Oreo Cheesecake \$7.99

NY Crumb Cake \$2.95

Pound Cake \$2.95

Fresh Gourmet Muffins \$2.79

Fudge Brownie \$2.99

Oreo Brownie \$2.99

Lemon Bar \$3.29

Italian Cookies p. LB \$7.99

